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MYCONIAN  
PANOPTIS

## SPA MENU

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THERAPIES OF INDULGENCE



# BODY TREATMENTS

60/90MINS - €170/€200

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## **DEEP HEALING TOUCH MASSAGE**

A vigorous full-body massage designed to relieve high stress and restore focus. Tailored to your needs, with aromatic oils chosen for muscle pain, relaxation, stress relief, or emotional balance. As effective as a deep stretch, but far more nurturing.

## **PEACEFUL NATURE MASSAGE**

This deeply hydrating aromatherapy massage uses carefully selected oils to uplift your spirit, relax your senses, or restore inner balance. A bespoke touch comforts the body, leaving your skin exquisitely moisturised, silky smooth, and delicately scented.

## **MEDITERRANEAN SEA SHELL MASSAGE**

This relaxing treatment with cold-pressed avocado oil relieves muscle tension, reduces stress, and boosts circulation and lymph flow. The calcium-rich sea shells help tone the skin, leaving it firm and healthy.

## **CALMING INFUSION CBD MASSAGE**

This full-body CBD massage eases pain and inflammation, speeding up recovery while deeply relaxing the mind and body. It stimulates the endocannabinoid system, supporting mood, sleep, digestion, and immune function.



# FACE TREATMENTS

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## **THE METHOD FACE BY AUGUSTINUS BADER**

“The Glow” 55mins - **€230**

The Method Glow Facial by Augustinus Bader is a science-backed treatment that acquaints the skin with the award-winning power of Professor Bader’s TFC8® cell renewing complex through a tailor-made layering of Augustinus Bader skincare products to deliver immediate, visible benefits. A personalised ritual of hero formulas is used to boost hydration and cellular communication, promote circulation, and firm, tone, and refresh the complexion.

## **ELEMIS PRO-GLOW GENIUS FACIAL**

your Line-Fighting Superhero Facial 75mins - **€170**

Clinically proven intelligent skincare and a triple-level approach to skin hydration results in transformative results for younger-looking skin. With a spotlight on deep-set wrinkles for maximum facial rejuvenation and skin hydration, the skin will be visibly smoother, resilient, and firmer-looking. The skin will appear immediately firmer and more radiant after just one treatment.

## **ELEMIS PRO-GLOW SMOOTH the HIIT**

Workout for your Skin 60mins - **€160**

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.



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For spa appointments, please contact us by phone at **+30 22894 45400** or by email at **[panoptisconcierge@myconiancollection.gr](mailto:panoptisconcierge@myconiancollection.gr)**.  
From your suite or villa, you may also reach us by **dialing extension 400**.  
For spa products available for purchase, please visit our retail area at the Front Desk.



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